

SPECIAL FEATURES

- Camp activities will take place at Five Seasons Sports Club in the indoor air conditioned tennis courts and outdoor facilities.
- Each person will receive a camp tee shirt.
- Each person will be analyzed using the state-of-the-art Dartfish Video Analysis system
- Lunch will be provided.
- To maximize the amount of instruction the player staff ratio will remain 6 -1.
- Special Camp Speakers will advise campers during the week.

Each person should bring with them to camp:

- Proper tennis shoes suitable for playing on a flat hard surface and are unmarking
- Proper attire to include tennis shirts and shorts, no cut offs or sleeveless or ripped shirts
- Water bottles – water will be provided on courts but water bottles are encouraged
- Tennis racquet – racquets are available for rent if required

STANDARD DAY CURRICULUM

9:00 – 9:30 – Dynamic warm-up drills

9:30 – 11:00 – Tennis Drills and instruction

11:00 – 12:00 – Strategy and agility training

12:00 – 12:45 - Lunch

12:45 – 2:00 – Match Play & Strategy instruction

2:00 – 3:00 – Video tips, coaching & speakers

Final match play and award ceremony on Thursday – camp over at 12:00 noon on Thursday

THE COST OF CAMP

- The cost of the Camp is \$150.00 per camper (this includes lunch!)
- Immediate family members attending camp will receive a \$10.00 discount
- Camp is on a first-come-first serve basis and those interested are urged to register as soon as possible.
- Campers who are physically unable to continue camp will receive their camp shirt and a pro-rated refund.
- No other refunds or rebates will be allowed

HOW TO PAY

**Make all checks payable to:
Five Seasons Sports Club**

SEND ALL

REGISTRATIONS TO:

**Centerville High School
c/o Scott Long
West Unit
500 East Franklin Street
Centerville, Ohio 45459**

Or

**Five Seasons Sports Club
4242 Cloy Rd.,
Dayton, OH 45440**

REGISTRATION INFORMATION

Campers Name _____

Address _____

Telephone _____

School attended _____

Please circle the Grade your child will be in next year. 2 3 4 5 6 7 8 9

This camp will only be offered once this summer on August 2nd through 5th

Camp starts at 9:00 am with pickup beginning at 3:00 pm

LIABILITY WAIVIER

I fully understand that injury is always a possibility in any athletic activity. With this understanding I release Centerville High School and Five Seasons Sports Club and their administrators, the Elk Tennis Camp, its Director and all staff from any and all liability in the event of injury and accident. I acknowledge that liability for such injury lies solely with the participant.

Parent or Guardian _____

Date _____

Emergency Number _____

CAMP DIRECTOR AND TENNIS STAFF

CAMP DIRECTOR: Scott Long

Coach Long is the Centerville High School Varsity coach for both the Girls and Boys teams. He has successfully achieved GWOC Championships in 2009/2010 with both the Boys and Girls teams. Coach Long has coached tennis for 17 years.

JUNIOR TENNIS PROFESSIONAL – Derrick Spice

Derrick Spice is the Junior Tennis Director at Five Seasons Sports Club. Derrick played at Wake Forest University where he achieved ACC Rookie of the Year and won an ACC Championship. Derrick was 2 time Ohio High School state singles champion and ranked 31 nationally.

Coach Long and Tennis Pro Derrick Spice will be assisted in this camp by Five Seasons top USPTA Certified Pros and several members of the Centerville Varsity Tennis Team.

CAMP PHILOSOPHY

The Elk Tennis Camp is based on the USTA Player Performance Curriculum to get kids introduced and engaged in the game of tennis in a fun and highly effective manner. The fundamentals we stress establish a strong foundation to any player interested in continuing tennis at the next level including USTA tournament play and participating in the high school tennis program.

Camp hosted at
Five Seasons Sports Club
4242 Clio Rd.
Dayton, OH 45440



937-848-9200
www.5sscday.com

CENTERVILLE TENNIS CAMP



August 2nd - 5th

Mon - Tues - Weds

9:00 am to 3:00 pm

Thursday

9:00 am to noon

**Boys and Girls
Grades 2 through 9**